WEEKLY BULLETIN

MONDAY 10TH APRIL

9.30am - Fire Alarm Test
11.15am - Alive & Active Exercises
Afternoon - Travel down the River Nile in Egypt
with Joanna Lumley

TUESDAY 11TH APRIL

Morning - Manicures

Afternoon - Eyes down, cards & dabbers at the ready,
it's Bingo time!

WEDNESDAY 12TH APRIL

11.15am - Alive & Active Exercises
Afternoon - Brookfields Quiz (not for the faint hearted!)

THURSDAY 19TH APRIL

Morning - Manicures 2.00pm - Headbands & disco lights on for Disco Yoga

FRIDAY 14TH APRIL

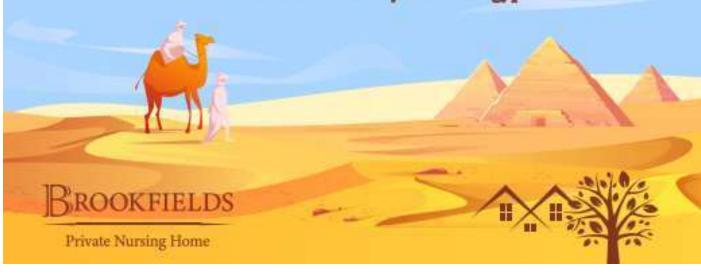
11.15am - Alive & Active Exercises
Afternoon - The Mystery of the Pyramids
and an attempt at hieroglyphics!

SATURDAY 15TH APRIL

Afternoon - Activity of Residents Choice

SUNDAY 16TH APRIL

Afternoon - How well do you know Egypt?



HAPPY BIRTHDAY TO YOU!

BERNADETTE 11.04

