

WEEKLY BULLETIN

Summer Festival

MONDAY 10TH JULY

9.30am – Fire Alarm Test

11.00am Alive & Active Exercises

Afternoon – A look inside Cornwall with Simon Reeve

TUESDAY 11TH JULY

Morning - Manicures

11.00am Holy Communion with the Revd Rachael Brooks

Afternoon – Two little ducks It is Bingo time!

1.30pm The excitement is building as the Ice Cream Van is coming to Brookfields



WEDNESDAY 12TH JULY

11.00am Exercise with a difference

THURSDAY 13TH JULY

Morning – Manicures

Afternoon – Summertime yoga flow

FRIDAY 14TH JULY

11.00am – Alive & Active Exercises

Afternoon – The world famous Brookfields Quiz

SATURDAY 15TH JULY

Afternoon – Activity of the Residents choice

SUNDAY 16TH JULY

Afternoon – Cornwall, how well do you know it?

BROOKFIELDS

Private Nursing Home





Cornwall

F S E I T S A P H S
I E E I A J S S A U
S A R R O C K N R P
H F E L U M D P B I
I O I E G M T A O T
N O R E N T B D U G
G D S T I V E S R N
T O M B F T A T R I
N E P T R N C O N N
O E C U U A H W S I
C O V E S E M P K M

*Coves, sand, harbour, surfing, St Ives, fishing, pasties,
mining, seafood, Padstow, beach, Rock*



DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!