

# WEEKLY BULLETIN



## MONDAY 4<sup>TH</sup> SEPTEMBER

11.00am Alive & Active Exercises

Afternoon – Pack your bags, we're going to Africa on Safari

## TUESDAY 5<sup>TH</sup> SEPTEMBER

Morning – Manicures

Afternoon – Another Tuesday, another round of bingo.

Who can win the prizes this week?

## WEDNESDAY 6<sup>TH</sup> SEPTEMBER

11.00am Exercise, fun & games

Afternoon – New month, new potential champions of the Quiz!

## THURSDAY 7<sup>TH</sup> SEPTEMBER

Morning – Manicures

Afternoon – Yoga Safari, stretches then off on a safari meditation

## FRIDAY 8<sup>TH</sup> SEPTEMBER

11.00am Alive & Active Exercises

Lunchtime – A delicious end of Summer buffet

Afternoon – Name that animal with card bingo

## SATURDAY 9<sup>TH</sup> SEPTEMBER

Afternoon – What will the residents choose to do this week?

From 7.00pm, an evening watching the Last Night of the Proms  
with fizz & nibbles

## SUNDAY 10<sup>TH</sup> SEPTEMBER

Afternoon – Safari so good – test your knowledge  
with our special Safari quiz

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### FORTHCOMING EVENTS

TUESDAY 12<sup>TH</sup> SEPTEMBER 11.00am

Holy Communion with the Revd Rachael Brooks

WEDNESDAY 13<sup>TH</sup> SEPTEMBER 10.30am

Residents & Visitors Forum Meeting

FRIDAY 29<sup>TH</sup> SEPTEMBER 10.30am

Macmillan Coffee Morning, all very welcome



**BROOKFIELDS**

Private Nursing Home

# Happy Birthday To you!

6th SEPTEMBER ROXANNE • 10th SEPTEMBER ANN

## Safari Animals

10

1

8

4

9

2

3

5

6

7

10

*Rhinoceros, Hippopotamus, Elephant, Tiger, Lion, Monkey, Crocodile, Giraffe, Turtle, Zebra.*

