WEEKLY BULLETIN



MONDAY 4TH SEPTEMBER

11.00am Alive & Active Exercises

Afternoon - Pack your bags, we're going to Africa on Safari

TUESDAY 5TH SEPTEMBER

Morning - Manicures

Afternoon - Another Tuesday, another round of bingo.

Who can win the prizes this week?

WEDNESDAY 6TH SEPTEMBER

11.00am Exercise, fun & games

Afternoon - New month, new potential champions of the Quiz!

THURSDAY 7TH SEPTEMBER

Morning - Manicures

Afternoon - Yoga Safari, stretches then off on a safari meditation

FRIDAY 8TH SEPTEMBER

11.00am Alive & Active Exercises

Lunchtime - A delicious end of Summer buffet

Afternoon - Name that animal with card bingo

SATURDAY 9TH SEPTEMBER

Afternoon - What will the residents choose to do this week?

From 7.00pm, an evening watching the Last Night of the Proms with fizz & nibbles

SUNDAY 10TH SEPTEMBER

Afternoon – Safari so good – test your knowledge with our special Safari quiz

FORTHCOMING EVENTS

TUESDAY 12th SEPTEMBER 11.00am

Holy Communion with the Revd Rachael Brooks

WEDNESDAY 13th SEPTEMBER 10.30am

Residents & Visitors Forum Meeting

FRIDAY 29th SEPTEMBER 10.30am

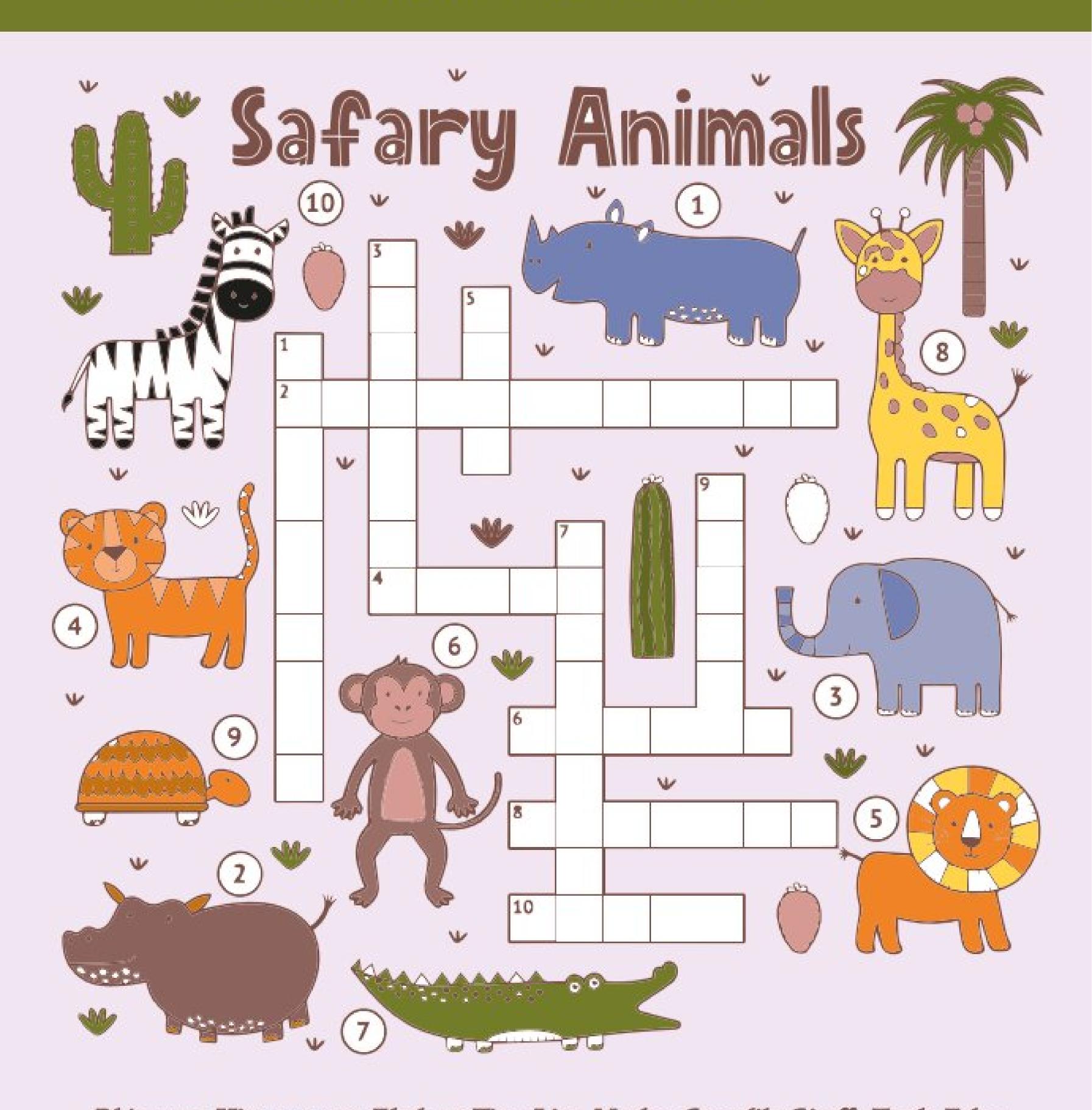
Macmillan Coffee Morning, all very welcome

BROOKFIELDS

Private Nursing Home

Happy Birthday To you!

6th SEPTEMBER ROXANNE • 10th SEPTEMBER Ann



Rhinoceros, Hippopotamus, Elephant, Tiger, Lion, Monkey, Crocodile, Giraffe, Turtle, Zebra.

