

# WEEKLY BULLETIN

#### MONDAY 12TH JUNE

9.30am - Fire Alarm Test
11.00am Alive & Active Exercises
Afternoon - A beautiful David Attenborough
documentary on British Wildlife

### TUESDAY 13TH JUNE

Morning - Manicures

Afternoon - Dabbers at the ready for Bingo

#### WEDNESDAY 14TH JUNE

11.00am - Parachute Exercises - if you dare!

Afternoon - The rivalry continues between
the teams on Quiz day

### THURSDAY 15TH JUNE

Morning - Manicures
Afternoon - Get down with the
flowers for garden yoga

#### FRIDAY 16TH JUNE

11.00am - Alive & Active exercises
Afternoon - Flex the brain with
the memory game

#### SATURDAY 17TH JUNE

Afternoon - Residents choice

#### SUNDAY 18TH JUNE

Afternoon - Wildlife & garden quiz with Pimms







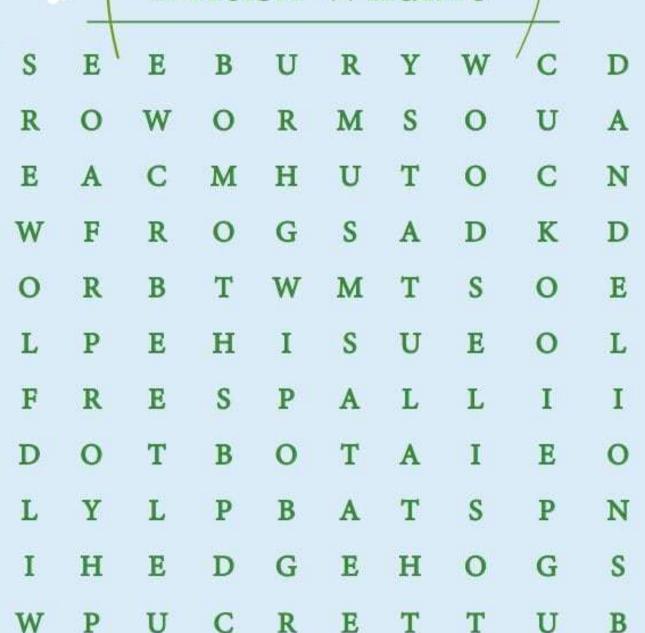


## HAPPY BIRTHDAY GWEN!



#### 17TH JUNE

## British Wildlife



Dandelions, bees, wildflowers, bats, woods, worms, cuckoo, frogs, moths, beetle, buttercup, cowslips, bedgebogs,

