

flower festival week

We will be making flowers all week to decorate our big Brookfields B!

## MONDAY 14TH AUGUST

11.00am Alive & Active Exercises
Afternoon – Blooming marvellous flower making craft session

## TUESDAY 15TH AUGUST

11.00 Holy Communion taken by the Revd Rachael Brooks
Afternoon – Eyes down it's bingo time, followed by flower making

#### WEDNESDAY 16TH AUGUST

11.00am Exercise, fun & games
1.30pm Quiz day – Beware, Georgia is on holiday
so Lucille will be the Quiz Master this week!

## THURSDAY 17TH AUGUST

Morning - Manicures
Afternoon - Flowing Flower Yoga

#### FRIDAY 18TH AUGUST

11.00am Alive & Active Exercises

Afternoon – We all join together to decorate our big Brookfields B

### SATURDAY 19TH AUGUST

Afternoon - What will the residents choose to do this week?

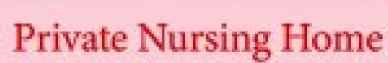
#### SUNDAY 20TH AUGUST

Afternoon - Fabulously Floral Flower Quiz

#### FORTHCOMING EVENTS

MONDAY 21st AUGUST 2pm Alton Handbell Ringers
THURSDAY 31st AUGUST 1.30pm Summertime Songs with Bob and Sally











# Happy Birthday Julie!

**TUESDAY 15TH AUGUST** 



As we embrace all things flowery this week, can you name these elegant flowers that we find in British gardens



Geum, Delphinium, Begonia, Lupin, Geranium, Cosmos, Iris, Sweet Peas, Hydrangea