WEEKLY BULLETIN





MONDAY 15th JANUARY

11.00am Alive & Active Exercises
Afternoon - Movie Afternoon

TUESDAY 16th JANUARY

Morning – Jigsaw Club, fresh air & manicures

Afternoon – Eyes down, are you ready for Bingo?

Wordsearches given out to celebrate National Wordsearch Day

WEDNESDAY 17th JANUARY

11.00am Exercises with a Difference

Afternoon - Half way through the month and the tension is rising with the quiz

THURSDAY 18th JANUARY

Morning - Fresh air & manicures

Afternoon - Ball and beanbag yoga fun

FRIDAY 19th JANUARY

11.00am Alive & Active Exercises

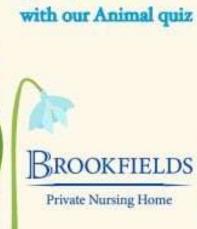
Afternoon - Georgia & Beki's craft session, paint your own mini vase Brainstorm quiz handed out after the craft activity

SATURDAY 20th JANUARY

Afternoon - Play Your Cards Right

SUNDAY 215t JANUARY

Afternoon - Bring out your inner David Attenborough





As we celebrate National Wordsearch Day

on 16th January it would be wrong to not have a wordsearch for everyone to do. How many animals can you find?

B M W G C H A L P P A E E E F F A R I G A 0 R C T D A L P P W R W A L U I S G A L w R R F R I P R E P T R Y L Y E E S S C R T A E I F I H A O E S 0 H C F B 0 R R R R E G 0 O E G D B N G A Y S D I N E N N N 0 A A V R E E D P M O L E V R E H P T B A E L A N E E T G E K E I R D 0 N E Y X Z U B E C L A H F 0



Cat, Bear, Zebra, Tiger, Rabbit, Fox, Deer, Badger, Sheep, Lamb, Cow, Horse, Alpaca, Donkey, Hedgebog, Mole, Giraffe, Frog, Pheasant, Elephant, Fish, Lion



16th JANUARY