

# WEEKLY BULLETIN

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**MONDAY 15<sup>TH</sup> MAY**

**9.30am – Fire Alarm Test**

**11.00am – Alive & Active Exercises**

**Afternoon – Join us for a beautiful short trip around Malta & Gozo**

**TUESDAY 16<sup>TH</sup> MAY**

**Morning – Manicures**

**Afternoon – Eyes down, elbows out, it's Bingo time!**

**WEDNESDAY 17<sup>TH</sup> MAY**

**Trips out to Findern Garden Centre**

**11.00am – Alive & Active Exercises**

**Afternoon – Pens at the ready, it's Quiztime!**

**THURSDAY 18<sup>TH</sup> MAY**

**Morning – Manicures**

**Afternoon – Drift away & relax yoga**

**FRIDAY 19<sup>TH</sup> MAY**

**11.00am – Alive & Active Exercises**

**An afternoon of all things Garden**

**SATURDAY 20<sup>TH</sup> MAY**

**Afternoon – Activity of residents' choice**

**SUNDAY 21<sup>ST</sup> MAY**

**Afternoon – Testing your geography, what do you know about Malta?**

**BROOKFIELDS**

Private Nursing Home



# HAPPY BIRTHDAY TO YOU!

RIYA 15th MAY • THOMAS 16th MAY

TED 21st MAY

Now the threat of frost has gone we are moving into bedding plant season. Can you name these wonderful  
**BRITISH FAVOURITES?**



*Lobelias, Petunia, Marigolds, Fuchsia, Begonia, Geranium, Gazania, Osteospermum, Calendula*

**DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!**