

weekly bulletin

Summer Festival

MONDAY 17TH JULY

11.00am Alive & Active Exercises
Afternoon – A trip to Athens

TUESDAY 18TH JULY

Morning - Manicures
Afternoon – Eyes down, dabbers at the ready it's Bingo time!

WEDNESDAY 19TH JULY

11.00am Exercise with a difference
1.30pm All to play for in the quiz as this could be the decider for the month!

THURSDAY 20TH JULY

Morning – Manicures
Afternoon – Activity of Residents Choice

FRIDAY 21ST JULY

11.00am – Alive & Active Exercises
Afternoon – See if you have been where your cards are with Holiday Destination Bingo

SATURDAY 22ND JULY

An afternoon of skittles & hoops!

SUNDAY 23RD JULY

Afternoon – Athens, what do you know?

BROOKFIELDS

Private Nursing Home



HAPPY BIRTHDAY TO YOU!

YVONNE & LUCILLE 20TH JULY
JAS 22ND JULY • CONNIE 23RD JULY



The Acropolis in Athens, some interesting facts:

1. Acropolis means high city.
2. There are many acropolises, it isn't the only one.
3. The Acropolis in Athens was inhabited at a very early period as studies of the area found that the hill was inhabited all the way back to 4000 BC.
4. Its initial purpose was for military defence.
5. The Persians destroyed the Acropolis.
6. The buildings on top of the Acropolis were built under Pericles.
7. The Acropolis was an important place of worship.
8. The Acropolis was home to a huge statue as there was once an enormous statue of Athena on top of the Acropolis called Athena Promachos which was made of bronze by the Greek sculptor Phidias.
9. The Parthenon wasn't always white.
10. There is no shade.

DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!