

### MONDAY 17TH JULY

11.00am Alive & Active Exercises
Afternoon - A trip to Athens

#### TUESDAY18TH JULY

Morning - Manicures
Afternoon - Eyes down, dabbers at the ready it's Bingo time!

## WEDNESDAY 19TH JULY

11.00am Exercise with a difference
1.30pm All to play for in the quiz as this could
be the decider for the month!

#### THURSDAY 20TH JULY

Morning - Manicures
Afternoon - Activity of Residents Choice

#### FRIDAY 21ST JULY

11.00am - Alive & Active Exercises
Afternoon - See if you have been where your cards
are with Holiday Destination Bingo

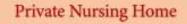
## SATURDAY 22ND JULY

An afternoon of skittles & hoops!

#### SUNDAY 23RD JULY

Afternoon - Athens, what do you know?

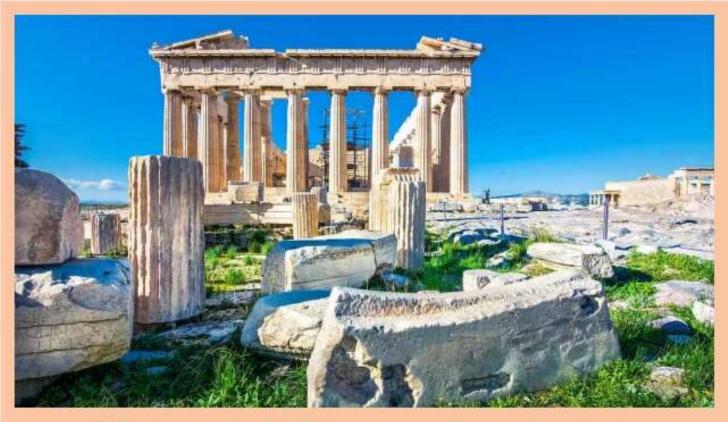
BROOKFIELDS



# HAPPY BIRTHDAY TO YOU!

YVONNE & LUCILLE 20TH JULY

JAS 22ND JULY • CONNIE 23RD JULY



## The Acropolis in Athens, some interesting facts:

- 1. Acropolis means high city.
- 2. There are many acropolises, it isn't the only one.
- 3. The Acropolis in Athens was inhabited at a very early period as studies of the area found that the hill was inhabited all the way back to 4000 BC.
  - 4. Its initial purpose was for military defence.
    - 5. The Persians destroyed the Acropolis.
  - 6. The buildings on top of the Acropolis were built under Pericles.
    - 7. The Acropolis was an important place of worship.
- 8. The Acropolis was home to a huge statue as there was once an enormous statue of Athena on top of the Acropolis called Athena Promachos which was made of bronze by the Greek sculptor Phidias.
  - 9. The Parthenon wasn't always white.
    - 10. There is no shade.