

WEEKLY BULLETIN



MONDAY 19TH JUNE

9.30am - Fire Alarm Test

11.00am Alive & Active Exercises

Movie Afternoon – To run alongside Music & Dancing Day we will be watching & singing along to

Mamma Mia (with Pimms)

TUESDAY20TH JUNE

Morning - Manicures

Afternoon - Eyes down, elbows out it's Bingo time!

WEDNESDAY 21ST JUNE

10.30am Global MND Day Fundraising Coffee Morning with the Ice Bucket Challenge

Afternoon – Brains at the ready for the quiz as the tension mounts!

THURSDAY 22ND JUNE

Morning - Manicures

Afternoon - Relaxing Yoga celebrating International Yoga Day

FRIDAY 23RD JUNE

11.00am - Alive & Active Exercises

Afternoon – A garden party with Beki & Georgia which comes with a fun & laughter warning!

SATURDAY 24TH JUNE

Afternoon – Richard Attenborough Rain Forest Documentary

SUNDAY 25TH JUNE

Afternoon – How much do you know about the Rainforest?

Test your knowledge with our quiz



4

5





Running along with the Music & Dancing Day theme, CAN YOU NAME THESE MUSICALS?



