



WEEKLY BULLETIN

We're celebrating everything
BIRDS this week



MONDAY 19th AUGUST

11.00am Alive & Active Exercises

Afternoon – Join us for a special David Attenborough
Birds documentary

TUESDAY 20th AUGUST

Morning – Jigsaw Club, Fresh Air & Manicures

Afternoon – Elbows out and dabbers at the ready, it's Bingo time

WEDNESDAY 21st AUGUST

11.00am – Exercise with a difference

Afternoon – Come along and test your knowledge
with our world famous Brookfields Quiz

THURSDAY 22nd AUGUST

Morning – Fresh Air & Manicures

Afternoon – Higher or Lower?
Join us for Play Your Cards Right

FRIDAY 23rd AUGUST

11.00am Alive & Active Exercises

Afternoon – Guess the birds and join us for Bird Card Bingo

SATURDAY 24th AUGUST

Afternoon – Fly down and land in the lounge
for this week's birds quiz

SUNDAY 25th AUGUST

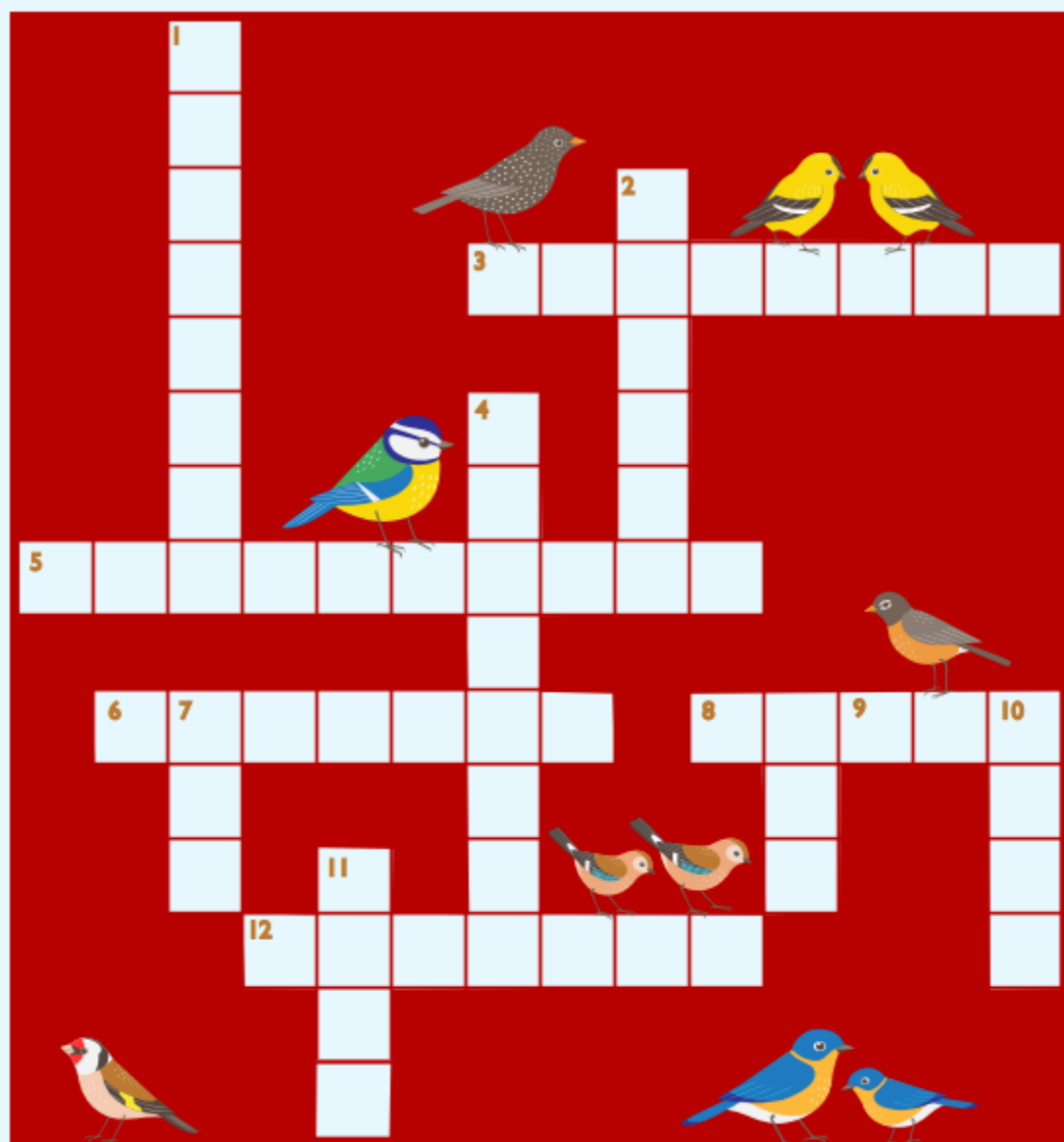
Sunday afternoon activity of
Resident's choice

BROOKFIELDS

Private Nursing Home



See if you can complete this Bird crossword



ACROSS

3. What are birds covered in
5. A woodland bird which drills holes in trees
6. What bird do you usually find at the seaside
8. What bird has a red breast
12. What bird can't fly

DOWN

1. What bird is usually pink in colour
2. Which bird likes shiny things
4. What do you call a baby duck
7. The things baby birds hatch out of
9. A night bird that hoots
10. Where a bird lays its eggs
11. A bird's nose & mouth

HAPPY BIRTHDAY TO YOU!

Michelle 22nd AUGUST • Andy 24th AUGUST