WEEKLY BULLETIN

MONDAY 2ND JANUARY 11am – Alive & Active exercises Afternoon – Group wordgame & coffee

> TUESDAY 3RD JANUARY Morning – Manicures Afternoon – Bingo

WEDNESDAY 4TH JANUARY 9.30am – Fire Alarm Test 11.00am – Alive & Active exercises Afternoon – New Year Quiz

THURSDAY 5TH JANUARY Morning – Manicures Afternoon – Disco yoga Movie Night – Downton Abbey 2

FRIDAY 6TH JANUARY 11.00am – Alive & Active exercises Afternoon – Play Your Cards Right

SATURDAY 7TH JANUARY Afternoon – Card Bingo

SUNDAY 8TH JANUARY Afternoon - Wheel of Fortune



Private Nursing Home

As we enter the New Year we all start to think about places we would like to go and where we have been. See how many Capital cities you can find in this wordsearch.

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Brussels, Amsterdam, Oslo, Beijing, Lisbon, Warsaw, Prague, Madrid, London, New York, Paris, Athens

DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!