WEEKLY BULLETIN



SPACE WEEK

MONDAY 2ND OCTOBER

11.00am Alive & Active Exercises

Afternoon – We travel back in time to watch an episode of The Sky at Night with Sir Patrick Moore

TUESDAY 3RD OCTOBER

Morning - Manicures

11.00 - Holy Communion taken by the Revd Rachael Brooks
Afternoon - Elbows Out, Eyes Down it is Bingo time

WEDNESDAY 4TH OCTOBER

11.00am Alive & Active Exercises

Afternoon - First quiz of the month, get those brains in gear!

THURSDAY 5TH OCTOBER

Morning - Manicures

11.00 Alive & Active Exercises

'Afternoon – Now you see it, now you don't – join us for the memory tray game

FRIDAY 6TH OCTOBER

11.00 Alive & Active Exercises

Afternoon – Get your artists eye out as we paint pumpkin tealights

SATURDAY 7TH OCTOBER

Afternoon - What will the residents choose to do this week?

SUNDAY 8TH OCTOBER

Afternoon – Will you be Lost in Space or do you know your solar system? Test your knowledge with our Space quiz.

FORTHCOMING EVENTS

NEXT WEEK Our exciting Broktoberfest season starts

Brookfields

Private Nursing Home

SPACE

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Asteroid, Atom, Big Bang, Comet, Eclipse, Galaxy, Mass, Meteor, Milky Way, Moon, Orbit, Planet, Satellite, Star, Sun, Universe