

WEEKLY BULLETIN

MONDAY 24TH APRIL

9.30am – Fire Alarm Test

11.00am – Alive & Active Exercises

Afternoon – Green fingers at the ready as
Gardening Club starts today!



TUESDAY 25TH APRIL

Morning – Manicures

Afternoon – Eyes down, cards & dabbers
at the ready, it's Bingo time!

WEDNESDAY 26TH APRIL

11.15am – Exercises with a difference

Afternoon – It's getting tense as our two teams
fight it out at the Brookfields Quiz

THURSDAY 27TH APRIL

Morning – Manicures

Afternoon – Relax at our floral yoga & meditation session

FRIDAY 28TH APRIL

11.00am – Alive & Active Exercises

Afternoon – Keep those green fingers moving
with more gardening activities

SATURDAY 29TH APRIL

Afternoon – Activity of residents choice

SUNDAY 30TH APRIL

'How well do you know your plants' Quiz

BROOKFIELDS

Private Nursing Home



HAPPY BIRTHDAY TO YOU!

ANNABEL 22.04 • CELESTE 28.04

MARGARET 30.04

Can you spot the 6 differences?



DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!