

# WEEKLY BULLETIN

22<sup>ND</sup> NOVEMBER 2021

MONDAY 22<sup>ND</sup> NOVEMBER

11.00am – Fire alarm test

Afternoon – One to one activities

TUESDAY 23<sup>RD</sup> NOVEMBER

Afternoon – Bingo

WEDNESDAY 24<sup>TH</sup> NOVEMBER

Afternoon – Quiztime!

THURSDAY 25<sup>TH</sup> NOVEMBER

Afternoon – Learn a language yoga / Movie night

FRIDAY 26<sup>TH</sup> NOVEMBER

2.00pm – Christmas crafts

SATURDAY 27<sup>TH</sup> NOVEMBER

Afternoon – Exercise stretch class

SUNDAY 28<sup>TH</sup> NOVEMBER

Afternoon – Scrabble challenge

Exercises in the lounge every morning at 11.30

## DATES TO REMEMBER:

The Revd Alicia Dring will be coming to do  
Holy Communion on Thursday 9th December  
& Thursday 23rd December at 11.00am.

Bob Allen will be joining us to sing a few Christmas  
avourites on Tuesday 7th December at 2.00pm.

**BROOKFIELDS**

Private Nursing Home



# HAPPY BIRTHDAY NOLA



As we approach the season of Advent here are a few facts:

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## IT ORIGINATED AS A PERIOD OF FASTING

Advent, from the Latin word *adventus*, meaning arrival, refers to the arrival of Jesus Christ. Although scholars aren't sure exactly when Christians began observing Advent, we do know that monks in the 5th century CE began fasting thrice weekly in November to prepare for Christmas during which new Christians were baptized.

## CANDLES AND ADVENT WREATHS ARE LIT

Representing hope and everlasting light, candles have been traditional symbols of Advent for centuries. On the four Sundays prior to Christmas, most churches light an Advent candle, with each candle corresponding to an anecdote from the Bible. Some Christians also light Advent candles in evergreen wreaths, called Advent wreaths.

## VIOLET IS A POPULAR COLOUR

While green and red are typically associated with Christmas, the period leading up to December 25th is all about purples or violets. The candles in advent wreaths are usually violet or purple, churches are decorated with violet, and priests may wear the colour in the weeks before Christmas.

## ADVENT CALENDARS

Most advent calendars are simple cardboard affairs, and each opened window reveals an illustration of a Christmas-related item such as a reindeer or a stocking. But if you want to inject the countdown to Christmas with more anticipation and excitement, buy an advent calendar filled with chocolate!

**DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!**