

WEEKLY BULLETIN

**BROOKFIELDS
SUMMER FESTIVAL**

MONDAY 25TH JULY

Afternoon – Postcards, chat & coffee

TUESDAY 26TH JULY

Morning – Anna Hutton, Community Chaplain

Morning – Manicures / Afternoon – Bingo/Scrabble challenge

WEDNESDAY 27TH JULY

11.00am – Fire alarm test

Afternoon – Giant Games & drinks outside

THURSDAY 28TH JULY

Morning – Manicures

BBQ lunch / Afternoon – Yoga

2.00pm – Wilson the Border Terrier coming in for a chat!

BROOKFIELDS SUMMER FILM FESTIVAL

Movie – Chariots of Fire

(to celebrate the start of the Commonwealth Games)

FRIDAY 29TH JULY

1.30pm Ice Cream Van visiting / Afternoon – Quiz

SATURDAY 30TH JULY

Afternoon – Dominoes Challenge

SUNDAY 31ST JULY

Afternoon – Residents Activity of their choice

DATES TO REMEMBER:

MONDAY 8th AUGUST at 1.30pm Alton Hand Bell Ringers entertain

BROOKFIELDS

Private Nursing Home



HAPPY BIRTHDAY TO YOU!

ELIZABETH 29TH JULY

JOANNE 30TH JULY

As the Commonwealth Games start on Thursday 28th July, here are a few facts about the games that you may not know:

The first games were held in Hamilton, Canada in 1930 with 11 countries taking part.



They used to be known as the British Empire Games. In 1954 the name was changed to the British Empire and Commonwealth Games. It was changed AGAIN to the British Commonwealth Games in 1970. Then, in 1978 the name was changed to what we know today; The Commonwealth Games!

The Commonwealth Games is being held in Birmingham this year. It will take place between 28th July until 8th August 2022. 72 countries are expected to take part with 6,600 athletes competing.

All people taking part have to be amateurs which means they are not paid to take part but they are all very good at their chosen sport.

The games are held every 4 years and have only been missed twice (1942 and 1946 due to World War II).

The games include lots of different sports including; aquatics, athletics, badminton, basketball, beach volleyball, bowls, boxing, cycling, gymnastics, hockey, netball, squash, table tennis, triathlon, weightlifting, wrestling & more!



DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!