

# WEEKLY BULLETIN



**MONDAY 5<sup>TH</sup> JUNE**

9.30am – Fire Alarm Test

11.00am Alive & Active Exercises

Afternoon – Linked in with World Environment Day  
we will be making bird feeders.



**TUESDAY 6<sup>TH</sup> JUNE**

Morning – Manicures

Afternoon – Eyes down, elbows out it's Bingo time!

**WEDNESDAY 7<sup>TH</sup> JUNE**

Morning - Trip out to Findern Garden Centre

11.00am – Exercise with a difference

Afternoon – Starting a new month, who will be  
the quiz victors this week?



**THURSDAY 8<sup>TH</sup> JUNE**

Morning – Manicures

Afternoon – Yoga with a twist



**FRIDAY 9<sup>TH</sup> JUNE**

11.00am – Alive & Active Exercises

Afternoon – An afternoon at the Funfair



**SATURDAY 10<sup>TH</sup> JUNE**

Afternoon – Get to know Portugal, a documentary

**SUNDAY 11<sup>TH</sup> JUNE**

Afternoon – How well do you know Portugal?

Test your knowledge with our quiz



**BROOKFIELDS**

Private Nursing Home





HAPPY BIRTHDAY MARYLENE

10TH JUNE

BRITISH GARDEN BIRDS

Do you know your birds?

Have a look at the pictures below and see if you can identify them.



*Blackbird, Blue tit, Robin, Dove, Starling, Wren, Wood Pigeon, Nuthatch, Jackdaw*

DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!