

WEEKLY BULLETIN



MONDAY 5TH JUNE

9.30am - Fire Alarm Test

11.00am Alive & Active Exercises

Afternoon - Linked in with World Environment Day we will be making bird feeders.

TUESDAY6TH JUNE

Morning - Manicures

Afternoon - Eyes down, elbows out it's Bingo time!

WEDNESDAY 7TH JUNE

Morning - Trip out to Findern Garden Centre

11.00am - Exercise with a difference

Afternoon - Starting a new month, who will be

the quiz victors this week?

THURSDAY 8TH JUNE

Morning - Manicures

Afternoon - Yoga with a twist

FRIDAY 9TH JUNE

11.00am - Alive & Active Exercises

Afternoon - An afternoon at the Funfair

SATURDAY 10TH JUNE

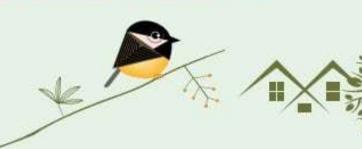
Afternoon - Get to know Portugal, a documentary

SUNDAY 11TH JUNE

Afternoon - How well do you know Portugal?

Test your knowledge with our quiz





HAPPY BIRTHDAY MARYLENE

10TH JUNE



BRITISH GARDEN BIRDS



Do you know your birds?

Have a look at the pictures below and see if you can identify them.



Blackbird, Blue tit, Robin, Dove, Starling, Wren, Wood Pigeon, Nuthatch, Jackdaw