



## WEEKLY BULLETIN

### MONDAY 7<sup>th</sup> JULY

11.00am Alive & Active Exercises

Afternoon – Join Beki for the fabulous Beetle Game where you roll dice to build your beetle – see if you’re lucky enough to build yours first

### TUESDAY 8<sup>th</sup> JULY

Morning – Manicures & Fresh Air

Afternoon – Corner, Line, House? Which one will you be lucky to get with this week’s Bingo

### WEDNESDAY 9<sup>th</sup> JULY

1.30pm – Once again the teams compete against each other at the cut-throat Brookfields Quiz

### THURSDAY 10<sup>th</sup> JULY

Morning - Manicures & Fresh Air

Afternoon – While we watch Wimbledon, join us for a sparkling wine tasting session and see which goes best with strawberries & cream

### FRIDAY 11<sup>th</sup> JULY

Afternoon – A glass of Baileys & a Friday afternoon film

### SATURDAY 12<sup>th</sup> JULY

Afternoon – As Wimbledon week comes to a close, test your knowledge with this week’s Wimbledon quiz

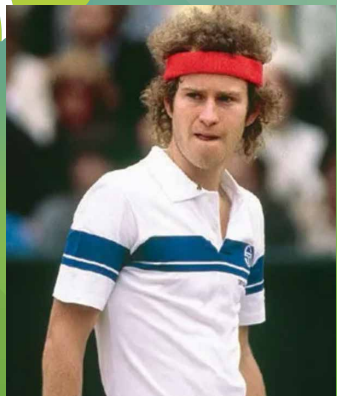
### SUNDAY 13<sup>th</sup> JULY

The residents’ activity of choice

# BROOKFIELDS

Private Nursing Home

If you're a fan of Wimbledon (or not),  
I'm sure you'll recognise some of these famous  
tennis players from over the years.



*John McEnroe, Andy Murray, Martina Navratilova, Bjorn Borg, Virginia Wade,  
Arthur Ashe, Billie Jean King, Jimmy Connors, Steffi Graf*