

WEEKLY BULLETIN



MONDAY 8th JANUARY

11.00am Alive & Active Exercises
Afternoon – Movie Afternoon

TUESDAY 9th JANUARY

Morning – Jigsaw Club, fresh air & manicures
Afternoon – Many prizes to be won, but who will get
the first line with Brookfields Bingo?

WEDNESDAY 10th JANUARY

10.30am Residents & Visitors Forum Meeting
Afternoon – The competition is heating up for Quiztime!

THURSDAY 11th JANUARY

Morning – Jigsaw Club, fresh air & manicures
Afternoon – Come along & relax with meditation & stretch yoga

FRIDAY 12th JANUARY

11.00am Alive & Active Exercises
Afternoon – Blind Food Tasting quiz, do you know your flavours?

SATURDAY 13th JANUARY

Afternoon – Play Your Cards Right

SUNDAY 14th JANUARY

Afternoon – Music to your ears, or is it?
Try your luck at our music quiz



BROOKFIELDS
Private Nursing Home



As we celebrate
National Houseplant Appreciation Day
on 10th January, how many of these popular houseplants can you name?



*Monstera, Peace Lily, Spider Plant, Bonsai,
Orchid, Christmas Cactus,
Never Never, Succulent,
Chinese Money Plant*



Happy Birthday Nicole !

12th JANUARY