WEEKLY BULLETIN



11.00am Alive & Active Exercises
Afternoon - Movie Afternoon

TUESDAY 9th JANUARY

Morning – Jigsaw Club, fresh air & manicures

Afternoon – Many prizes to be won, but who will get
the first line with Brookfields Bingo?

WEDNESDAY 10th JANUARY

10.30am Residents & Visitors Forum Meeting
Afternoon – The competition is heating up for Quiztime!

THURSDAY 11th JANUARY

Morning – Jigsaw Club, fresh air & manicures

Afternoon – Come along & relax with meditation & stretch yoga

FRIDAY 12th JANUARY

Afternoon - Blind Food Tasting quiz, do you know your flavours?

SATURDAY 13th JANUARY

Afternoon - Play Your Cards Right

SUNDAY 14th JANUARY

Afternoon – Music to your ears, or is it?

Try your luck at our music quiz



As we celebrate

National Houseplant Appreciation Day

on 10th January, how many of these popular houseplants can you name?

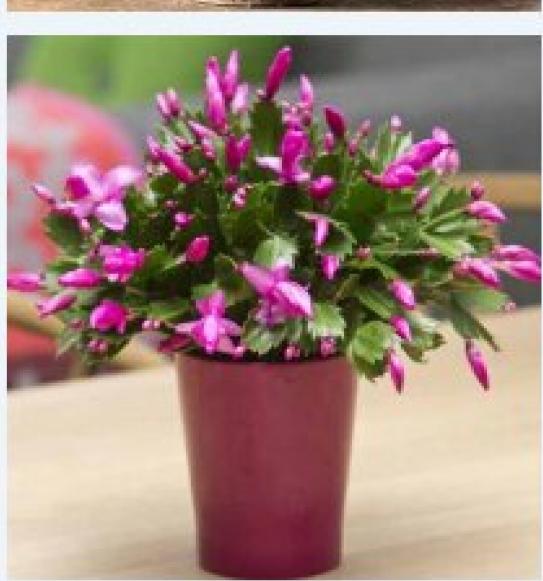




















Monstera, Peace Lily, Spider Plant, Bonsai,
Orchid, Christmas Cactus,
Never Never, Succulant,
Chinese Money Plant



Happy Birthday Nicole!

I2th JANUARY